

NAME _____

CLASS _____



Holiday Homework Instructions – Summer Vacation

- ❖ Print out all worksheets and help your child complete them carefully.
- ❖ Art and craft work can be done on A4 sheets/ News Paper.
- ❖ Encourage creativity using drawings, colors, stickers, or simple decorations.
- ❖ Paste photos of your child doing the activities in a scrap book.
- ❖ Provide your child with old newspaper for scribbling.
- ❖ Motivate your child to talk about each activity to build language and confidence.
- ❖ Organize all completed work in a folder labeled with your name and class, and submit it on the first day after the vacation.

Wishing you a fun-filled, creative, and enriching break!
School will reopen on 3rd July 2025

Dear Parents,

The much-awaited summer holidays are here! With the sun shining bright and temperatures soaring, it is the perfect time to slow down, relax, and enjoy some meaningful time with your child at home. To make these holidays productive and enjoyable, we have planned some fun-filled and creative activities that you and your little one can do together. These activities are designed to foster learning through play while helping you bond and create lasting memories.

(Dear Parents, please read the message below aloud to your child on behalf of the teacher.)

Dear little Angel,

I love you!

You are my sunshine and the most special person in my life. I see you growing, learning new things, and becoming smart, kind, and brave each day. I am so proud of you.

This holiday, we have planned some exciting activities that we will do together. They are full of fun, creativity, and learning. Let's enjoy and make these holidays truly special!

Important Note for Parents:

Kindly take photographs of your child while doing the activities and help your child to paste the pictures in scrapbook neatly and send it to school after the vacation. This will be a wonderful way to preserve and share their holiday memories.

1. Little Hands at Work” – Strengthening Motor Skills Through Everyday Tasks

These every day, engaging activities are thoughtfully designed to enhance children's fine and gross motor skills, while also promoting independence, confidence, and bonding with loved ones.

i. Eating a Mango (as a whole)

Objective:

Holding and eating a whole mango with both hands strengthens grip control, hand strength, and coordination. It also improves oral-motor development as children suck, bite and chew, while managing the mess helps with sensory regulation (Don't miss pasting the sweet and cute picture in your scrapbook!

ii. Dinning Etiquette: Use of Spoon and Fork

Instructions:

1. Hold the spoon in one hand, like holding a crayon.
2. Scoop food slowly—no need to rush!
3. Use the fork to poke soft foods gently.
4. Keep your plate on the table, not your lap.
5. Wipe your mouth with a napkin when messy.

Learning Outcomes:

Develops fine motor skills and hand-eye coordination.

"Spoon to scoop, fork to poke,

Manners shine each time we spoke!"

Ask someone to take your pictures and paste it in the scrap book.



iii. "I'm on the Moon!"

Objective:

To strengthen the child's leg, core, and balance muscles while enjoying playful bonding time with the mother.

Instructions:

1. The mother lies down on her back on the bed or mat with knees bent.
2. The child gently sits or lies on her legs.
3. The mother slowly lifts her legs up, supporting the child securely — like a rocket launch!
4. Add a fun chant like, "Zoom, zoom, I'm flying to the moon!"
5. Gently rock side to side or up and down, pretending to float in air.



Ask someone to take your pictures and paste it in the scrap book.

iv. Star Gazing

Instructions:

Best Time:

After sunset (around 7–8 PM is ideal)

Choose a clear night with minimal clouds and light pollution

What You Need:

A soft blanket or mat

Comfortable clothes

A quiet, safe outdoor spot (garden, terrace, or balcony)



Instructions:

1. Prepare the Space Lay a blanket and sit or lie down with your child.

2. Create a Calm Mood Turn off nearby lights.

Begin with a short rhyme like:

"Twinkle twinkle little star, how I wonder what you are..."

3. Point Out the Sky

Gently point to the moon and say,

"Look, that's the moon! Can you see it shining?"

4. Use Simple Language

5. Encourage Imitation

Ask:

"Can you blink like a star?"

"Can you point to the moon?"

End with a cozy hug and say:

"Stars say good night too."

Ask someone to take your pictures and paste it in the scrap book.

v. "Tricycle Adventure Ride"

Objective:

To develop balance, coordination, and gross motor skills through riding a tricycle.

Instructions:

1. Wear a helmet and comfortable clothes.
2. Sit properly on the tricycle seat with both hands on the handlebars.
3. Use your feet to pedal and steer the tricycle carefully.
4. Practice riding in a safe, open area away from traffic.
5. Stop and get off the tricycle safely when finished.



Activity -2 WORLD ENVIRONMENT DAY (5th JUNE)

Let's Make Earth Greener!

Tearing & Pasting Activity – Tree Craft

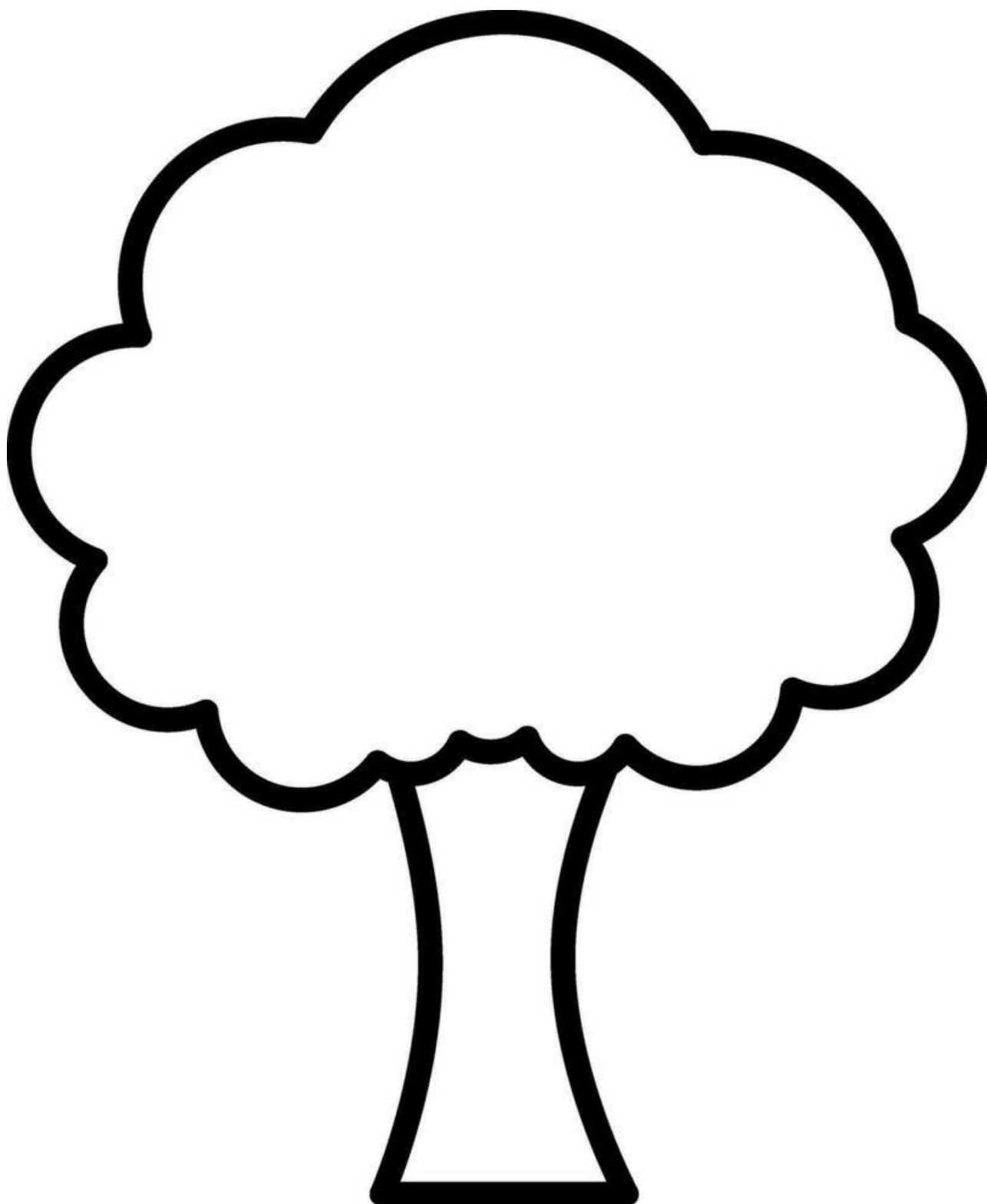
Objective:

- To create awareness about saving trees and protecting nature.
- To identify parts of a tree – trunk, branches, and leaves.
- To enhance fine motor skills through tearing and pasting.
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Instructions:

1. Give each child an **outline of a tree** (with visible trunk and branches).
2. Provide the following-colored paper for tearing:
 - **Green** – for leaves
 - **Brown** – for tree trunk and branches
3. Encourage children to **tear** the paper into small pieces.
4. Guide them to **paste**:
 - Brown paper on the trunk and branches
 - Green paper on the leaves/canopy
5. **Discuss**: Why trees are important (they give us oxygen, fruits, shade, etc.)

Simple ways to care for trees (watering plants, not plucking leaves / flowers)



Activity 3

Father's Day Celebration (15th JUNE):

"Roll with Papa!"

(A fun Father's Day Carton Race)

Objective:

To build balance, coordination, leg strength, and enjoy playful bonding with Papa.

Instructions:

1. Use a long, flexible carton strip (looped to form a belt-like path under feet).
2. Both Papa and the child step **inside the loop**, with the carton beneath their feet and overhead.
3. Walk slowly while moving the carton **forward with each step** — just like a human treadmill!
4. Balance, laugh, and cheer as the loop rolls along with each step.
5. Be the first to reach the finish line and win a "Super Star" badge along with a big cheer!

Ask someone to take your pictures and paste it in the scrap boo



Activity 4

YOGA DAY (21st June)

Little Yogis, Big Smiles

This summer, let's stretch, smile, and shine with "Little Yogis, Big Smiles"!

June 21st is International Yoga Day. Celebrate by introducing young children to simple yoga poses and breathing exercises that build flexibility, balance, relaxation, and mindfulness.

Materials Needed:

- Yoga mats or soft mats
- Soft, calming music (optional)
- Picture chart of basic yoga poses (optional)



1. Sukhasana –

- Sit down on the floor.
- Cross your legs.
- Sit up tall with a straight back.
- Place your hands on your knees.
- Breathe slowly—take a deep breath in and out.
- Sit still and calm like a peaceful statue.

2. Tree Pose –

- Stand tall with feet together like a tree trunk.
- Lift one foot and place it on the side of the other leg (below the knee or above the ankle).
- Balance and stay still like a tree. Don't worry if you wobble!
- Bring your hands together in prayer position at your chest.
- Take deep breaths and hold for a few seconds.
- Gently come down and switch legs.

2. Cobra Pose

Starting Position:

- Lie on your tummy with legs stretched out behind you as shown.

- Place your palms beside your shoulders on the ground.
- Join the legs together, tightening them - imagining they are together as one.
- Inhale deeply. Press into your palms and begin to lift your upper body.
- Gently lift your head, chest, and shoulders off the ground.
- Tighten the abs, buttocks and thighs.
- Look up to the ceiling and then straight ahead. Make sure your neck and arms remain straight.
- Take a few deep breaths and stay in the pose. Hiss like a cobra!
- Come back slowly to your normal position: Head down, relax your legs and arms.

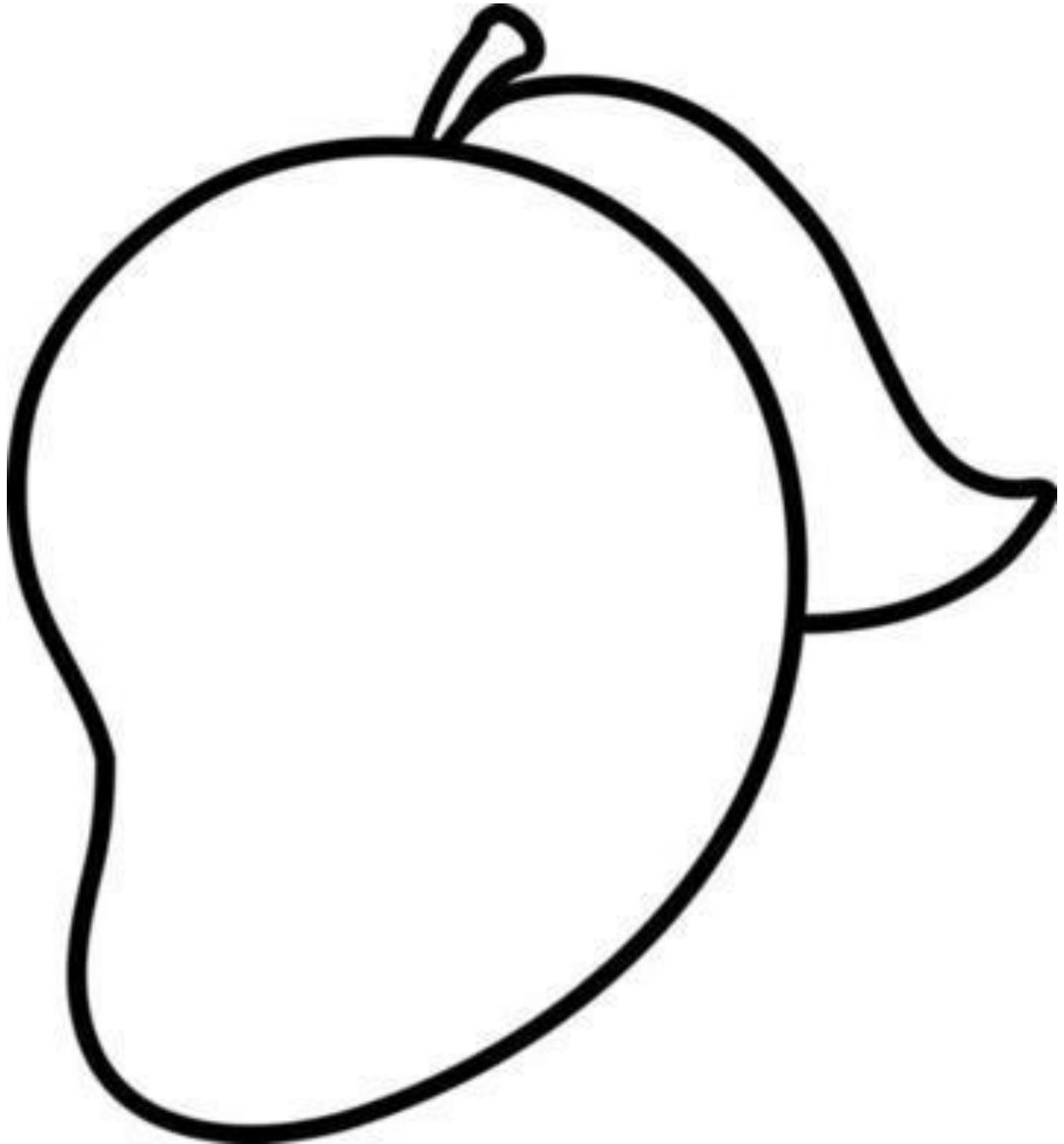


Ask someone to take your pictures and paste it in the scrap book.

Activity 5: Sponge Painting – Mango: Dab, Color, and Create a Juicy Mango!"

Objective:

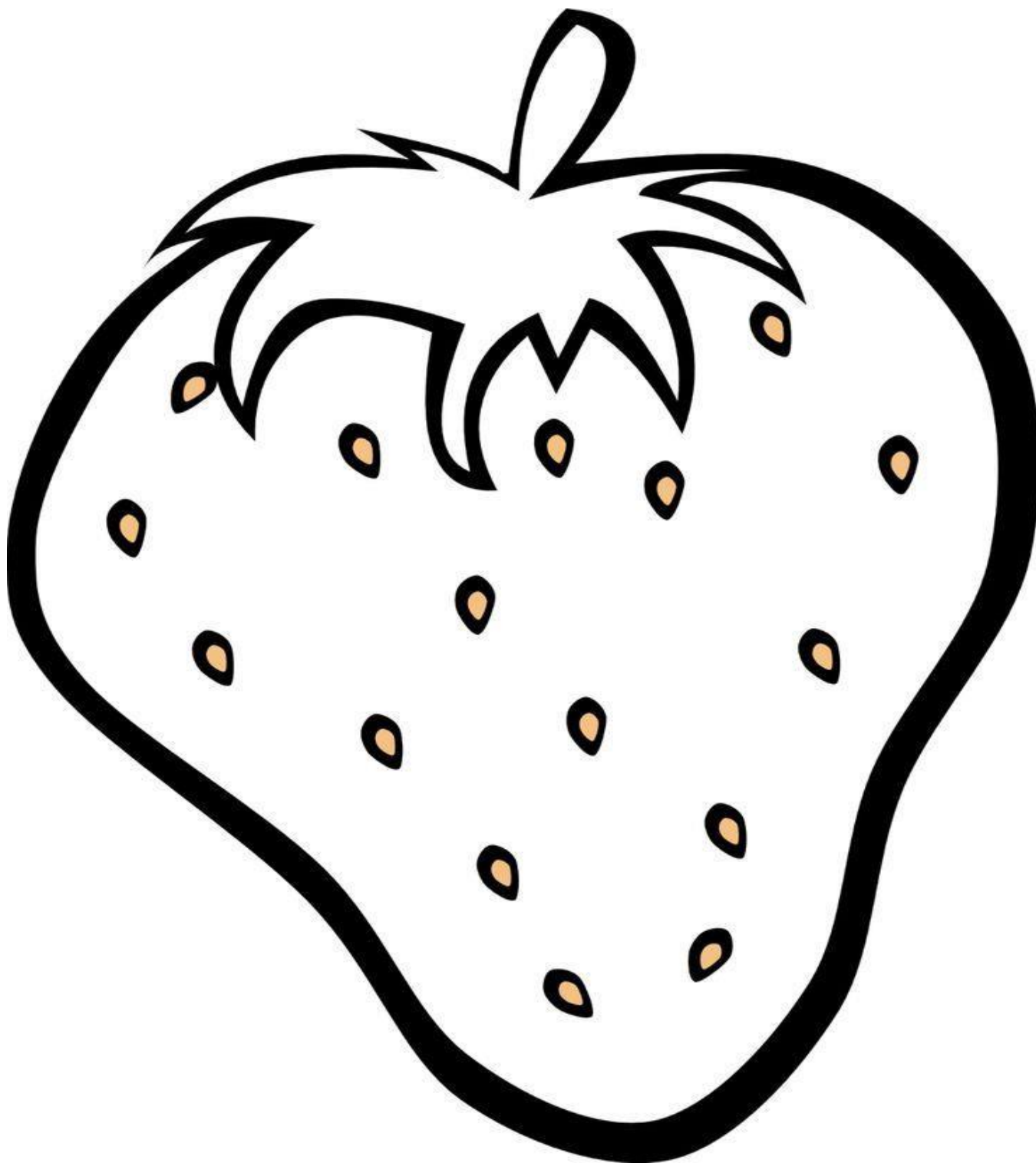
To develop fine motor skills, enhance creativity, and introduce the concept of fruit recognition through a fun and tactile sponge painting activity.



Activity 6:

"Strawberry Fun! Color Me Red and Add My Spikes with Your Fingerprints with the Help of Your Parent!"

Objective: To develop creativity and fine motor skills by coloring and fingerprinting with parental help.



Activity :7

Create your Onion Masterpiece with your parents' help—see the example and paint in your scrapbook!

Objective:

To develop creativity and fine motor skills.



Activity 8

“Ladyfinger Painting: Colour and create with the help of your parent – example is given, add in your scrapbook!”

Objective:

To enhance creativity and fine motor skills by coloring and painting with parental guidance.

